



ALPINE INTERFACE

EQUIPMENT LIST – HAUTE ROUTE CLASSIC

Weather Conditions

Summer in the Alps can be both spectacular in the amount of sunshine and in the amount of precipitation. We can have several seasons in one day or we can be lucky and walk under warm, sunny skies the entire duration of our trip.

What normally happens is that we get a mix of foul weather and clear, summer days. Climbing to nearly 3000m on most days means that some extra clothing should be taken such as gloves, hat and a heavyweight fleece along with the appropriate rain gear.

Most evenings are cool, even during the peak of the summer heat wave, so some warm clothing is advisable for evenings especially when staying in mountain huts. A down vest may be a good idea, especially one that can be stuffed into a small stuff sack. We may even get occasional snow, so gaiters and telescopic walking poles can add to the comfort level of the trip.

Mandatory Equipment

- ⇒ Wind and waterproof jacket and pants
- ⇒ Fleece layers
- ⇒ Solid trekking boots
- ⇒ Jogging shoes/sandals for the hotels/huts/inns (the mountain refuges provide sandals, so you don't have to carry extra shoes with you on those days, if you don't want to)
- ⇒ Technical clothing, that dries quickly and is light to carry (T-shirts, long sleeve shirts, maybe a fleece vest).
- ⇒ Warm hat, gloves (fleece is enough)
- ⇒ Sun protection (sun hat/cap, glasses, cream)
- ⇒ Gaiters
- ⇒ Rucksack (35l) (with rain cover, if possible).
Some have one built in on the bottom of the pack . If not, try to get one for your rucksack in a sport shop.
- ⇒ Also a good thing: A plastic liner for the inside of the bag, to protect the gear that is inside. Zip lock bag for wallet, tickets, passport, money etc. works as well).
- ⇒ Hut sleeping bag (light sleeping bag liner made of cotton or silk, for the nights in the huts)

Optional:



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- ⇒ Telescopic poles (optional, but will help in case you have to cross some snow fields)
- ⇒ Camelbak or water bottle
- ⇒ Map/compass
- ⇒ GPS if you like to use it
- ⇒ Head torch for the huts
- ⇒ Optional: Pack towel / soap for the showers in the mountain huts
- ⇒ Optional: swimsuit for jacuzzi/swimming pool or Champex-Lake, depending on your itinerary.